

# WELCOME TO YOUR KS2 LIFE SKILLS CHALLENGE!

Here is your guide to being awesome in more ways than one. Who knows when you might need to use these skills at some point in your life; plus knowing these makes life easy - for you and your parents! Complete each of the tasks and bring your completed tick sheet back into school when we see you again. Good luck!

## General:

- Sweep and mop the kitchen floor
- Hoover the carpet
- Lay the table
- Tie your shoe laces
- Know how to call the emergency services
- Learn a phrase in a different language
- Clean your shoes/boots
- Shuffle a pack of cards
- Do something nice for somebody
- Learn how to tell the time

## Laundry:

- Take the bin bags out into the correct recycling/bin
- Check if something is recyclable
- Do the washing up 3 times
- Use the washing machine to do 3 loads of washing
- Change your own bedsheets
- Make your bed each morning
- Fold and put away your own clothes, including trousers and tops
- Clean the bathroom correctly
- Learn to correctly stack and use the dishwasher **or** correctly wash dirty pots and pans by hand
- Sew on a button
- Sort your clothes out and take any that don't fit or you don't wear anymore to a clothes bank

## Kitchen:

- Make a sandwich
- Boil an egg
- Follow a cooking recipe
- Make a smoothie
- Make tomato pasta
- Use a toaster correctly
- Make a cup of tea for someone
- Use a sharp kitchen knife sensibly

## Life skills:

- Address and send a letter
- Locate yourself on a map
- Use a compass
- Learn your address and post code
- Learn your parent/carers phone number off by heart

